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# Engineered biomaterials for heart disease

Lyndsay Stapleton<sup>1,2,3</sup>, Yuanjia Zhu<sup>1,2</sup>, Yi-ping Joseph Woo<sup>1,2</sup> and Eric Appel<sup>1,3</sup>

Ischemic heart disease is the most common type of heart disease, responsible for roughly 10 million deaths worldwide annually. While standard clinical interventions have resulted in improved patient outcomes, access to small diameter vessels required for cardiovascular interventions, and long-term patient mortality rates associated with eventual heart failure, remain critical challenges. In this current opinion piece we discuss novel methodologies for the advancement of vascular grafts, cardiac patches, and injectable drug delivery depot technologies as they relate to treatment of ischemic heart disease, including bilayered conduits, acellular bioactive extracellular matrix (ECM) scaffolds, and protease-responsive hydrogel delivery platforms. We address the motivation for innovation and current limitations in the field of engineered biomaterials for myocardial ischemia therapeutics and interventions.

## Addresses

<sup>1</sup> Department of Bioengineering, Stanford University, Stanford, CA 94305, USA

<sup>2</sup> Department of Cardiothoracic Surgery, Stanford University, Stanford, CA 94305, USA

<sup>3</sup> Department of Materials Science & Engineering, Stanford University, Stanford, CA 94305, USA

Corresponding authors: Woo, Yi-ping Joseph ([joswoo@stanford.edu](mailto:joswoo@stanford.edu)), Appel, Eric ([eappel@stanford.edu](mailto:eappel@stanford.edu))

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## Introduction

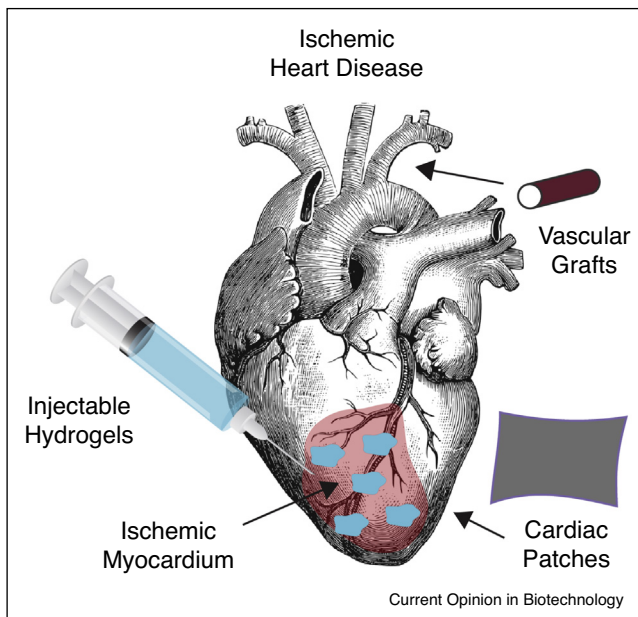
Cardiovascular disease is the leading cause of death worldwide, claiming the lives of 17.5 million people each year globally and accounting for annual direct costs of \$213 billion in the United States [1]. The most common type of cardiovascular disease is ischemic heart disease (IHD), a condition that claims the lives of roughly 10 million people globally each year and currently affects over 18.2 million Americans [2].

Furthermore, the prevalence of ischemic heart disease is expected to rise by 46% by 2030 and subsequently double the associated annual healthcare expenditures [2]. While current clinical interventions, such as percutaneous coronary intervention (PCI) and coronary artery bypass grafting (CABG) improve patient outcomes, many patients ultimately succumb to heart failure due to inability to reverse or prevent downstream left ventricular remodeling [3]. Moreover, up to 37% of patients requiring CABG procedures are limited in eligibility due to prior surgeries and patient's medical conditions, which limit the ability to harvest autologous small diameter vessels [4]. Additionally, long-term outcomes associated with both autologous and synthetic graft options are limited due to thrombosis [5]. Finally, standard clinical interventions such as PCI and CABG mainly restore macrovascular reperfusion following myocardial infarction (MI) and fail to address microvascular perfusion deficits contributing to eventual heart failure [3]. Thus, there is a critical need to improve upon vascular grafts required for CABG procedures and address persistent microvascular perfusion deficits following MI and subsequent cardiovascular intervention. In this current opinion piece, we will discuss several biomaterial approaches seeking to address critical challenges relating to engineered vascular grafts, cardiac scaffolds, and sustained local delivery of therapeutics using injectable hydrogel depots (Figure 1).

## Vascular grafts

Vascular grafts are conduits that can support blood flow, withstand the pressures exerted by blood flow, and, ideally, have the capability to grow, remodel, and self-repair *in vivo* [6,7]. The first engineered vascular graft was proposed by Bell and colleagues in the 1980's [8]; however, it took nearly 20 years for engineered vascular grafts to be implanted in humans [9]. The first engineered vascular graft implanted in humans was generated using autologous cells isolated from explanted peripheral vein and seeded in a polymer scaffold composed of polycaprolactone-poly(lactic acid) copolymer reinforced with woven polyglycolic acid [9]. Following this invention, a human trial was initiated to evaluate similar grafts using the same biodegradable scaffold seeded with mononuclear cells harvested from autologous bone marrow in patients with single ventricle physiology [10]. Although late-term results demonstrated feasibility of this technology in the application of extracardiac total cavopulmonary circulation, graft stenosis was noted to be the primary mode of failure [11]. Additionally, other

Figure 1



Schematic overview of specific topics covered in this current opinion article.

similar polymer-based grafts were unable to demonstrate adequate mechanical strength to allow for implantation in the arterial system [12,13]. This limitation was attributed to the synthetic or chemically modified components of the scaffold interfering with natural extracellular matrix protein assembly.

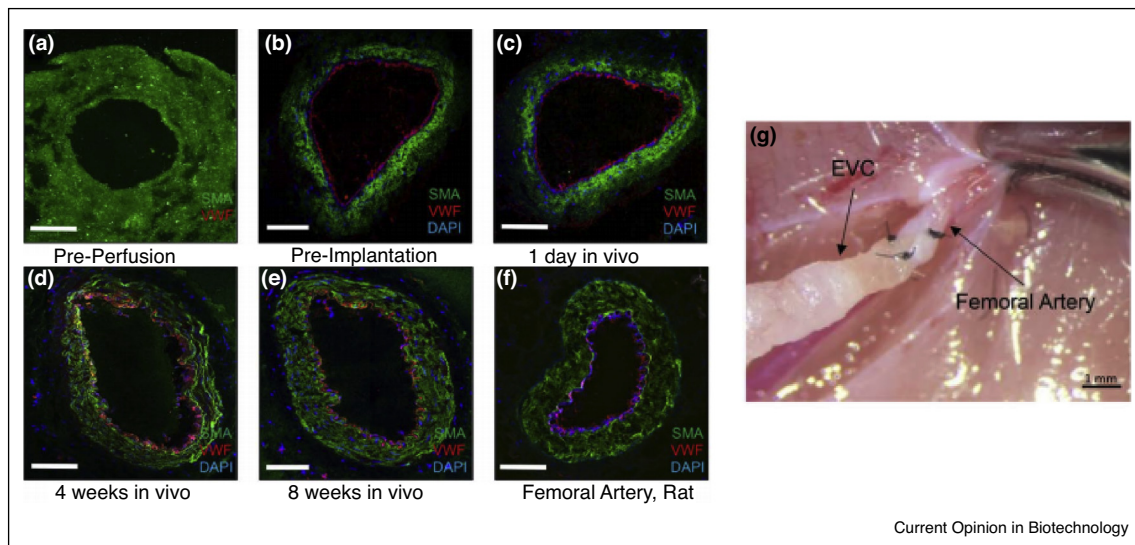
L'Heureux *et al.* generated engineered vascular conduits using fibroblasts, smooth muscle cells (SMC), and endothelial cells without the use of any synthetic materials [14]. The authors used sheet-based tissue engineering and demonstrated the ability of the engineered vessels to withstand supraphysiological burst strength constructed exclusively from human and human-derived constituents [15]. Promising pre-clinical results led to a clinical trial that demonstrated satisfactory early term results in patients on dialysis [15–17]. Another approach, which laid the foundation for other clinical trials and ‘off-the-shelf’ vascular grafts, involved the generation of decellularized grafts for both engineered and autologous conduits [18,19]. Specifically, rapidly degradable polyglycolic acid tubular scaffolds have been used for cell seeding and graft maturation in a bioreactor [19]. At the end of the culture period, the resultant structure is decellularized, leaving only the secreted collagenous matrix produced by seeded cells. Although these vascular grafts were not immunogenic, these studies exhibited early graft failure due to thrombosis and required prolonged production times of up to 10 weeks in culture [16,19].

To address these limitations, innovative approaches have more recently been investigated. Von Bornstädt and coworkers described a methodology utilizing cell sheets to generate a bilayered conduit. The conduit was strengthened by an FDA-approved biodegradable tissue glue and perfused with endothelial cells (Figure 2g). The graft was able to reach maturity with supraphysiological burst strength in just two weeks and demonstrated excellent early term patency in a rodent hindlimb ischemia model (Figure 2a–f) [20\*\*]. Electrospinning techniques have also been utilized to develop nanofibrous vascular scaffolds with promising biomechanical properties and structural integrity [21,22,23\*,24]. This approach exhibited exciting results six months after transplantation in a sheep carotid arterial interposition model [25]. Furthermore, with the recent advancements in generating vascular conduits by harnessing the versatility of 3D printing technology, Marga *et al.* used a scaffold-free approach to generate a tubular structure by using contiguously arranged cellular aggregates as printer cartridges [26]. While promising results and innovative technologies have been demonstrated, suggesting the need for further exploration, shorter production times for mature, autologous conduits remains a critical challenge for high risk patients. Specifically, patients with severe, unstable coronary artery diseases may require surgical treatment within CABG within several days of symptom onset, necessitating the need for rapidly available, robust conduits. Significant efforts are still required to readily scale-up engineered vascular grafts to satisfy intra-cardiac needs and enhance the production process for future commercialization.

### Cardiac scaffolds

Cardiac scaffolds (or cardiac patches) are *in vitro* engineered constructs that can provide mechanical support to promote endogenous repair and regeneration of the ischemic tissue, or otherwise act as a vehicle to deliver therapeutic cargo to the ischemic tissue [27]. Many of these types of scaffolds have the potential to maintain the cellular microenvironment, support cellular differentiation and organization, and prevent anoikis [28]. Cardiac scaffolds can be built upon natural or synthetic biomaterials, or created scaffold-free via cellular self-assembly, to produce functional myocardial tissue [29,30]. Researchers have shown that collagen and chitosan based cardiac patches alone, without cellular or molecular cargo, prevent negative myocardial remodeling and induce angiogenesis throughout the infarcted region of the heart [31,32]. Expanding upon cardiac patch delivery alone, therapeutic cargo such as proteins, stem cells, cytokines, and growth factors can be seeded onto the cardiac patch and further enhance the therapeutic benefit of this approach [33].

Figure 2



Structural maturation of the engineered vascular graft *in vitro* and *in vivo*. (a–f) Engineered vascular conduit (EVC) immediately before *in vitro* perfusion, immediately before implantation *in vivo*, and after 1 day, 4 weeks, and 8 weeks after implantation *in vivo* compared with a native femoral artery of a nude rat. Human smooth muscle actin antibody, green fluorescent protein; von Willebrand factor antibody, Texas Red; 4',6-diamidino-2-phenylindole, blue; confocal microscopy,  $\times 20$ . (g) EVCs were anastomosed to the femoral artery as an interposition graft in end-to-end fashion (10-0 nylon suture, 5 stitches). Reproduced with edits and permissions from Wolters Kluwer Health, Inc.

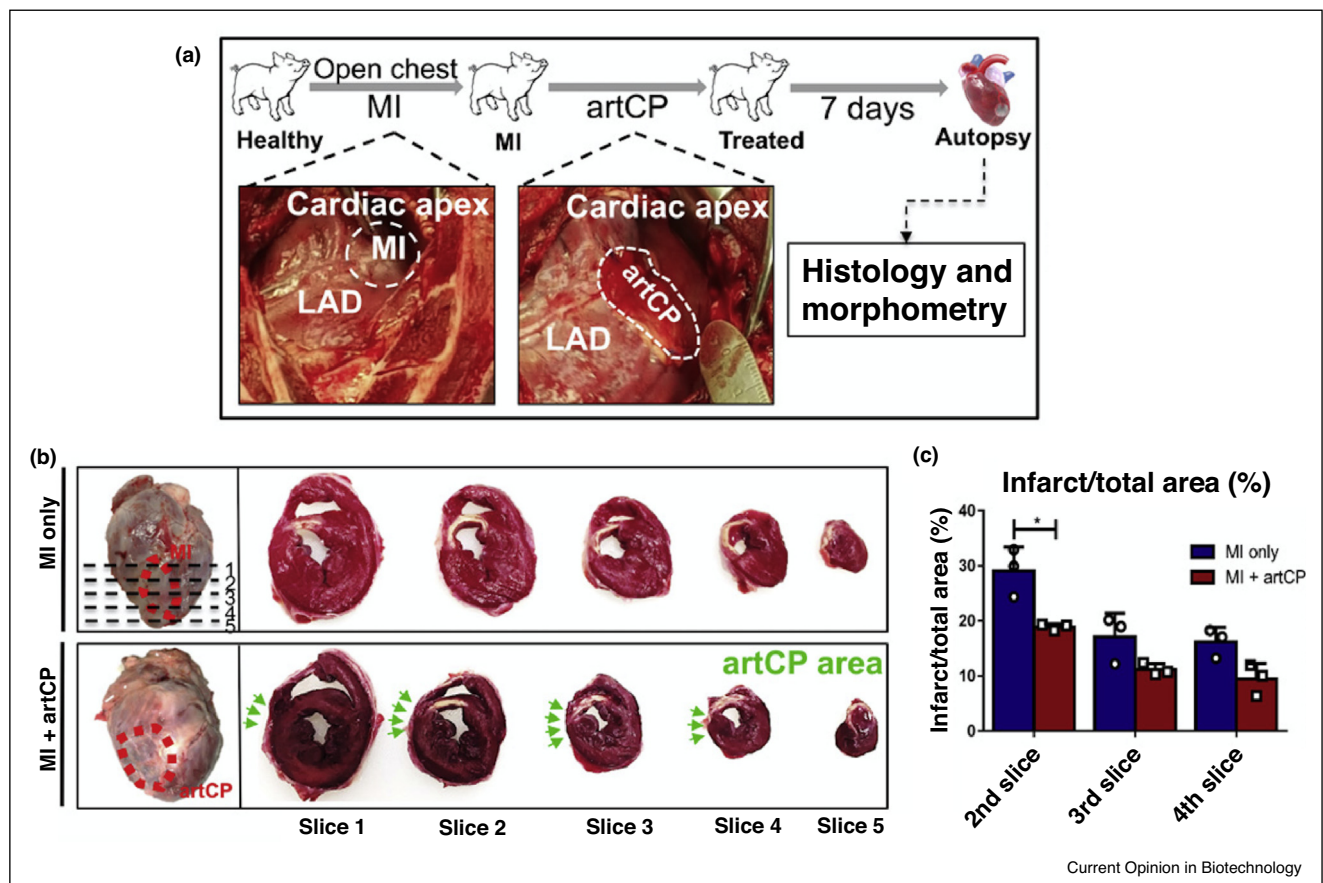
In particular, cell-loaded cardiac scaffolds composed of a variety of different cell types have been widely investigated due to the ability of these scaffolds to address limitations in scaffold thickness and the potential to be more readily vascularized by the host circulatory system [34]. Common cell sources for these applications include skeletal myoblasts, bone marrow-derived cells, mesenchymal stem cells, embryonic stem cells, induced pluripotent stem cells, induced pluripotent stem cell derived cardiomyocytes, and cardiac stem cells [35]. In 2008, Chachques et al. reported the results of the first clinical trial investigating a cardiac patch (MAGNUM) where a bone marrow stem cell (BMSC)-seeded collagen scaffold was implanted intramyocardially during CABG surgery in patients with post-ischemic injuries. Patients who received the cell-seeded cardiac scaffold exhibited an increase in scar thickness and improvement in left-ventricular end-diastolic volume compared to the cell-only group demonstrating promise for the therapeutic benefit of a cell-loaded cardiac patch [36]. Ten years later, Larghero *et al.* published the results of a clinical study investigating a fibrin patch laden with embryonic stem cell-derived cardiac progenitor cells. These cardiac patches were administered to six patients with severe ischemic left ventricular dysfunction during CABG surgery. After a median 18-month follow-up, investigators determined that the patches demonstrated promising safety outcomes, but warranted further efficacy studies with a more adequately powered study [37].

Preclinical and clinical studies investigating cell-laden cardiac scaffolds have shown promise and warrant further investigation due to the demonstrated therapeutic benefits of paracrine signaling and direct interaction with injured cardiomyocytes [38]. However, it is important to note the inconsistent results associated with cell-laden therapeutics for cardiac applications [39]. While clinical trials investigating cell-based therapeutics have demonstrated the potential safety of a cellular approach, functional improvements have been modest and associated with uncertain clinical significance [40–44]. Several limitations may be contributing to the observed inconsistencies in efficacy, including fragile cellular cargo, limited long-term stability, extensive production times and costs, and the presence of undifferentiated cells contributing to uncontrolled cell growth or tumorigenicity following transplantation [45]. These limitations can potentially be addressed with further exploration into acellular approaches [45]. Previous work investigating acellular cardiac scaffolds have demonstrated significant cardiogenesis, vasculogenesis, and promising functional recovery in post-ischemic myocardial tissue in both small and large preclinical models of myocardial ischemia [46]. Furthermore, these acellular scaffold studies encouraged a first-in-man pilot study, investigating feasibility, infarct size, cardiac function, and treatment related-adverse events resulting from the implantation of an acellular bioactive ECM scaffold implanted at the time of CABG surgery (ClinicalTrials.gov ID: NCT02887768).

More recently, exciting work published by Huang *et al.* demonstrated an off-the-shelf artificial cardiac patch composed of a decellularized porcine myocardial extracellular matrix and synthetic cardiac stromal cells. This fully artificial cardiac patch (artCP) retained potency following long-term cryopreservation of 28 days, improved cardiac function, reduced infarct size, and increased angiogenesis when applied to rodent and porcine myocardium following myocardial infarction (Figure 3) [47\*\*]. Moreover, the artCP demonstrated a negligible immune response offering an additional advantage over other cardiac patch approaches due to the use of synthetic cardiac stromal cells. Previous reports have shown that the use of allogenic cells risk immunogenicity and the use of autologous cells can be expensive and time-consuming for an

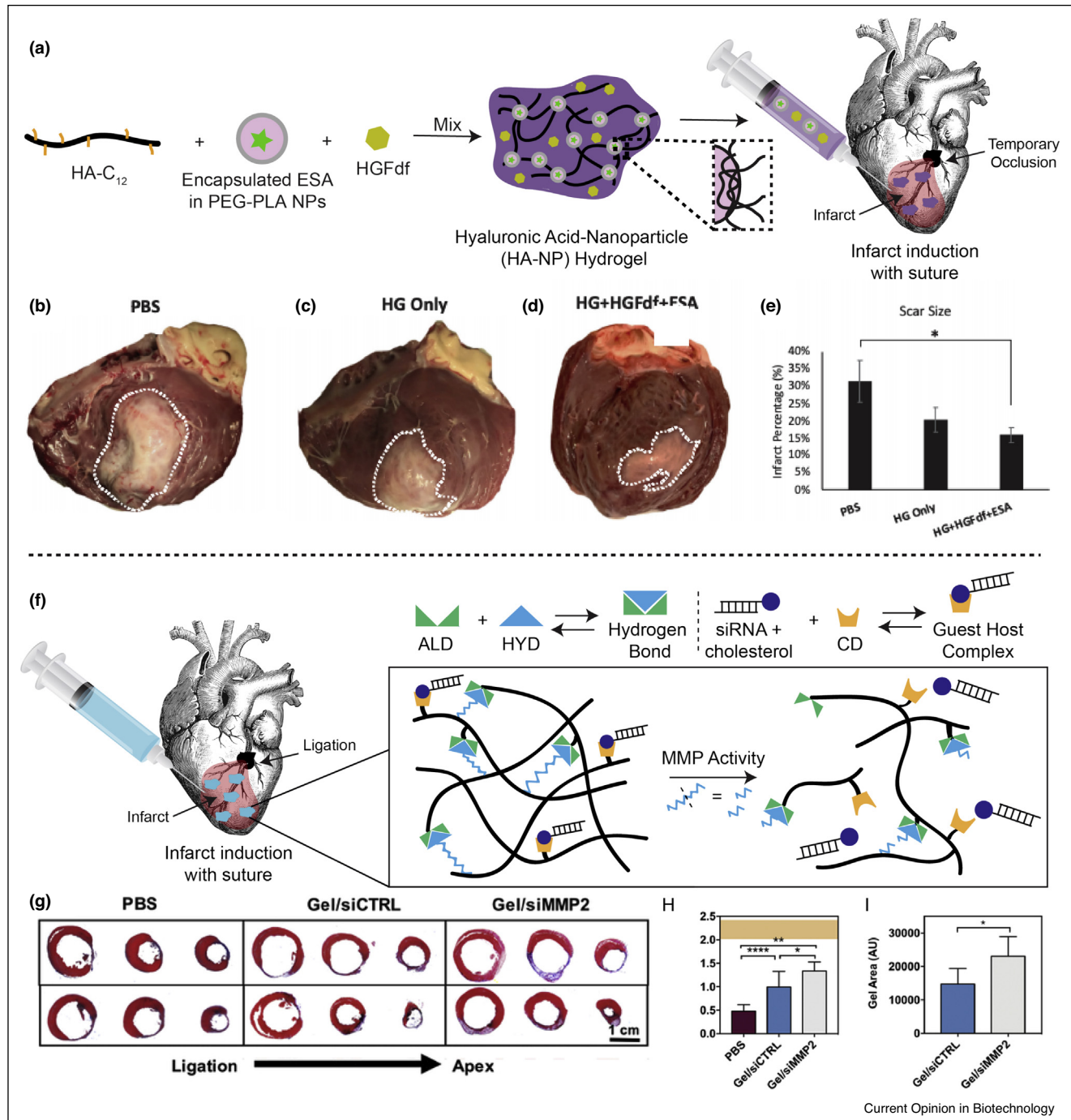
independent batch per patient [45,47\*\*]. However, while the artCP utilized a synthetic cell source and resulted in no observed immune response, the use of a decellularized porcine myocardial extracellular matrix scaffold in the artCP is still of concern and requires further investigation for human applications due to previous reports demonstrating inflicted immune responses as a result of decellularized scaffolds [48]. Overall, further investigation of the artCP is needed to conduct adequately powered large animal studies over a longer study period in conjunction with more robust biocompatibility testing, but the promising study results and reported long-term stability emphasize the motivation to engineer solutions with minimal translational hurdles and enhanced potential for clinical translation.

Figure 3



Large animal *in vivo* assessment of artificial cardiac patch (artCP). **(a)** Schematic showing the study design. The representative pictures show the porcine MI model creation via LAD ligation (left) and artCP transplantation (right). **(b)** Heart sectioning for gross assessment of infarct size. The top left image (MI control) shows the area of infarction due to successful MI creation (red dashed circle) and five sections (1 cm in thickness; dashed line) cut from apex to level of ligation. The bottom left image shows the artCP transplanted area (red dashed circle). The images on the right show the TTC staining of five heart sections from one heart in the MI-only group (top) and the artCP-treated group (bottom). The white area in the TTC-stained heart sections indicates infarction. The position of artCP was indicated with green arrows. **(c)** Infarction area percentage measured in heart slices 2, 3, and 4 using ImageJ software (n = 3). All data area means  $\pm$  SD. Comparisons among groups were performed using one-way ANOVA followed by post hoc Bonferroni test. The comparisons between samples are indicated by lines, and the statistical significance is indicated by asterisks above the lines. \*P < 0.05 and \*\*\*P < 0.001. LAD = left anterior descending artery; TTC = 2,3,5-Triphenyltetrazolium chloride. *Reproduced with edits and permissions from The American Association for the Advancement of Science.*

Figure 4



Injectable hydrogel approaches and *in vivo* efficacy. **(a)** Demonstration of hydrogel formation with encapsulated cytokines. HA-NP hydrogel is composed of a hydrophobically modified hyaluronic acid (HA) which is crosslinked by hydrophobic poly(ethylene glycol) block poly(lactide acid) (PEG-PLA) nanoparticles. The ESA is encapsulated into the nanoparticle phase and HGFdf is encapsulated into the aqueous phase of the hydrogel. **(b-e)** Left ventricle infarct area. Hearts were explanted and opened longitudinally. The infarct was photographed for quantification and representative images of hearts from each group are presented. **(b)** PBS treated **(c)** HG only treated and **(d)** HG + HGFdf + ESA treated animals were evaluated. **(e)** HG + HGFdf + ESA demonstrated a significantly reduced infarct size compared to PBS animals and smaller average infarcts compared to HG only animals. ANOVA with a Bonferroni correction for multiple comparisons, \* $p < 0.05$ . **(f)** Schematic demonstrating siRNA-cholesterol association with hydrogel via cholesterol/CD interactions and illustrating hydrogel erosion in response to MMPs. **(g)** Representative Masson's trichrome sections (3 representative sections from ligation to apex from left to right in 2 representative animals per group, 1 animal per row). **(h)** Quantification of infarct thickness from Masson's trichrome sections across three representative axial/transverse sections per animal

## Injectable hydrogels

Injectable hydrogels are water-swollen networks of cross-linked polymers composed of natural and/or synthetic polymers and are mostly classified based on chemical or physical crosslinking mechanisms [49,50\*]. While these injectable biomaterials do not allow for specific organizational control afforded by the engineered cardiac patches previously discussed, a significant benefit is the potential for minimally invasive, catheter-based delivery without the need of an invasive, surgical procedure in order to administer the treatment [27]. Similar to the cardiac scaffold approach discussed previously, researchers have demonstrated therapeutic efficacy following myocardial injection of hydrogel alone, without cellular or molecular cargo [51]. Composite, or hybrid, hydrogels have demonstrated promise by combining optimal natural and synthetic material components for improved biochemical and biomechanical material properties [52]. For example, ECM-fibrin, alginate-chitosan, and ECM-polyethylene glycol hydrogels have previously demonstrated improved cardiac repair following MI [51,53,54]. Additionally, composite hydrogels composed of fibrin and alginate resulted in attenuated LV wall thickness and decreased infarct expansion in a porcine chronic MI model [55]. To date, there have been few clinical trials resulting from the vast preclinical work investigating hydrogel-based interventions for myocardial ischemia [5]. In 2015, an alginate-based hydrogel delivered via direct myocardial injection was evaluated in patients with advanced heart failure and exhibited improved exercise capacity, though further clinical studies with larger patient cohorts followed over longer time periods are needed to further validate these results [56]. Recently, Traverse *et al.* published the results of a Phase 1 clinical trial (AUGMENT-HF) investigating VentriGel, an extracellular matrix hydrogel derived from decellularized porcine myocardium. The study evaluated the safety and feasibility of transendocardial injections of VentriGel to patients with early and late post-MI patients with LV dysfunction. The results of this study support the safety and feasibility of this therapeutic and suggest improvements in exercise capacity and reductions in New York Heart Association functional class across the cohort of patients, warranting further investigation in a larger, randomized, controlled clinical trial [57].

Expanding upon the methodology of hydrogel delivery alone, other studies have investigated the advantageous, tunable cargo delivery characteristics of injectable hydrogels. Several groups have evaluated the therapeutic efficacy of loading therapeutic cargo such as proteins, stem cells, DNA, RNA, small molecules, cytokines, and/or growth factors into the hydrogel, which can then act as

a depot for sustained local release [52,58,59]. Steele *et al.* investigated the sustained delivery of two protein-engineered cytokines via a catheter deliverable hydrogel in small and large animal MI models. In this study, the dual-stage release of dimeric fragment of hepatocyte growth factor (HGFdf) and engineered stromal cell-derived factor 1a (ESA) activate separate, but synergistic reparative pathways yielding improved cardiac function in the small animal MI model and observed reduction in scar size in the large animal, preclinical MI model (Figure 4a–e) [60]. The erosion profile of the hydrogel was investigated *in vitro* and resulted in 47% of the hydrogel eroding after 14 days. However, while the small animal MI model yielded enhanced functional outcomes, the large animal model resulted in minimal changes in functional parameters that lead to insignificant findings. The improvement in myocardial scar size observed in the preclinical model still suggests the potential for therapeutic benefit, but further investigation into the appropriate dosing required for large animal myocardium is needed. It is also possible that a chronic MI model may be required to better investigate the most optimal dosing for clinical efficacy instead of the acute MI model utilized in this study. A chronic MI model would more accurately reflect the clinical scenario and increase the potential of successful translation with the most optimal therapeutic dose.

Lastly, research groups are further innovating and investigating advanced hydrogel systems or ‘smart’ hydrogels in which internal or external events trigger the release of therapeutic cargo allowing for additional spatiotemporal control over release kinetics [61]. Recently, Burdick *et al.* engineered a protease-responsive hydrogel delivery platform capable of an ‘on-demand’ release of siRNA in response to the myocardial proteolytic activity contributing LV dilation and mechanical compromise following MI. In this study, a hyaluronic acid (HA) hydrogel with encapsulated siRNA against matrix metalloprotease 2 (siMMP2) is injected directly into the infarct region and erodes in response to the local protease activity releasing siMMP2 (Figure 4f). Delivery of the protease-responsive hydrogel in a rodent model of MI improved myocardial thickness and enhanced cardiac function including increased ejection fraction, stroke volume, and cardiac output. Hydrogel volumes were retained in the infarct wall due to decreased hydrogel erosion as a result of the siMMP2, responsible for attenuating hydrogel erosion by 46% when compared to control siRNA hydrogels. These results suggest promising, synergistic effects of preserved hydrogel volumes for wall bulking in conjunction with a positive feedback loop that responds to the native, infarcted myocardial environment

(Figure 4 Legend Continued) (mean  $\pm$  SD, \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\*\* $p$  < 0.001, PBS:  $n$  = 6, gel/siCTRL:  $n$  = 7, gel/siMMP2:  $n$  = 6) and presented in context of healthy controls (orange, mean  $\pm$  SD,  $n$  = 7). I. Quantification of hydrogel area from Masson’s trichrome sections across three representative axial/transverse sections per animal (mean  $\pm$  SD, \* $p$  < 0.05, PBS:  $n$  = 6, gel/siCTRL:  $n$  = 7, gel/siMMP2:  $n$  = 6). Reproduced with edits and permissions from Elsevier.

prompting the release of therapeutic cargo (Figure 4g–i) [62\*\*]. Additional studies in large animal, preclinical models as well as additional therapeutic combinations should be performed to further address the potential for clinical efficacy and other upregulated factors contributing to complex, adverse LV remodeling events.

## Conclusion

This current opinion/review began with an overview of the clinical challenges associated with ischemic heart disease. In accordance with current literature, we classified and analyzed current biomaterial approaches that contribute to the next generation of translational myocardial ischemia interventions. These were divided into three categories: vascular grafts, cardiac patches, and injectable depot therapeutics. The goals of these approaches are to (1) improve upon existing cardiovascular interventions following myocardial infarction, (2) optimize therapeutic efficacy by utilizing synergistic approaches, (3) provide minimally invasive, targeted delivery platforms, and/or (4) minimize translational hurdles associated with many traditional approaches. While these recent studies have yielded exciting results and warrant further experimental investigation, many clinical challenges remain to be addressed including long-term efficacy, systemic toxicity, pharmacokinetics, pharmacodynamics, long-term side effects, and concurrent treatment options. It is also important to note the importance of animal models in minimizing the translational hurdle to human application. Before clinical translation, these engineered biomaterials should be investigated in relevant large animal preclinical models that most closely resemble the human anatomy and clinical scenario. Ovine or porcine chronic MI models and cardiac bypass models provide an optimal relevancy to the human disease and clinical application that should be considered following small animal acute and chronic MI models. The future of engineering biomaterials for heart disease is continually shifting toward developing the ideal combination of therapeutic innovation and translational potential for facile clinical adoption and true bench-to-beside research. Furthermore, the collaboration among bioengineering, material science, cardiovascular medicine, and cardiothoracic surgery is crucial in solving the complex sequelae related to heart disease. As the research community continues to innovate and address both therapeutic and translational limitations, the future of biomaterials as it relates to heart disease will remain promising with the potential to improve the quality of life and life expectancy of patients with ischemic heart disease.

## Author contributions

L.M.S., Y.Z., Y.J.W., and E.A.A wrote, revised, and edited the manuscript.

## Conflict of interest statement

Nothing declared.

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